



# Welcome to our new Wellness Program for 2024! Lifestyle Spending Account through Forma!

## Details:

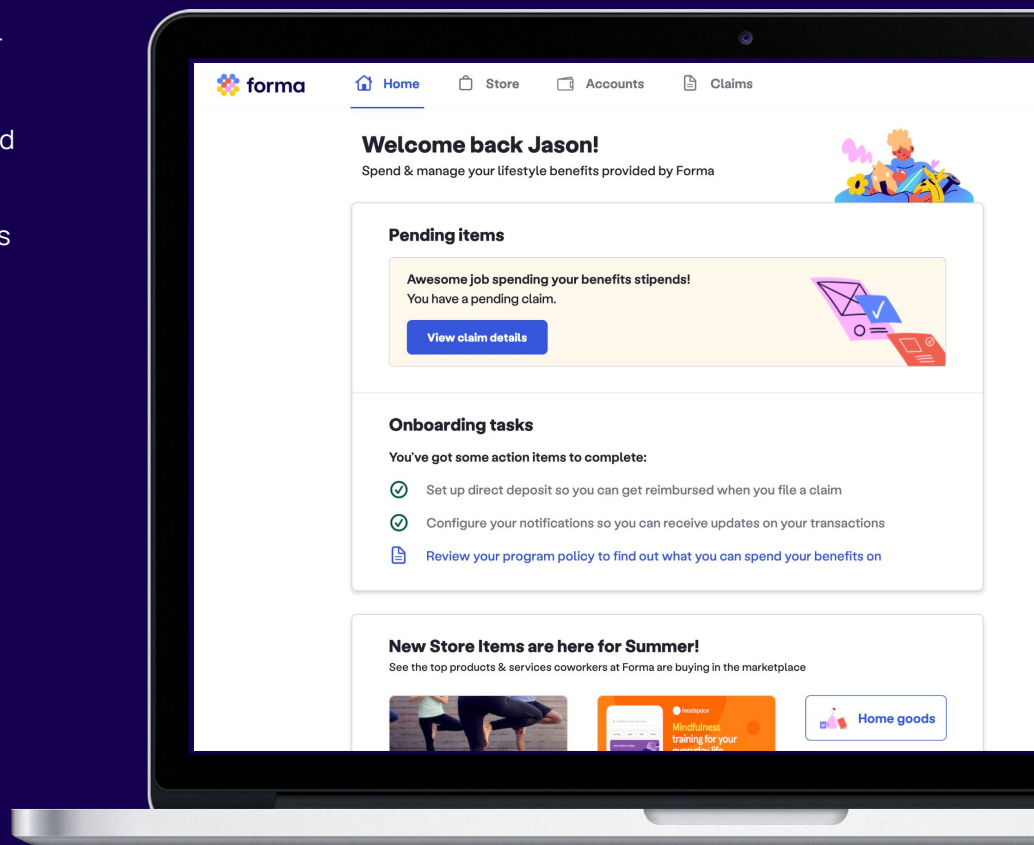
### Funding

TG will contribute \$10.84/month to your Lifestyle Spending Account.

### Eligibility

Our LSA offers a flexible and inclusive wellness program for all employees whether or not you have our health insurance. This program allows you to use company provided money for things like:

- Gym Memberships & Fitness Classes
- Fitness Accessories
- Digital Health Apps
- Financial Wellbeing Services
- and More!



## Getting started

Forma is home to your Lifestyle Spending Account.

Check your account balance, browse for eligible purchases, and track your transaction history, all in one place. Simply log in to Forma to get started.

## Frequently used tools



### Benefits

On the menu bar, click on the **Benefit** button to bring up information including your available balance, expiration, and renewal.



### Store

**Forma Store** gives you access to pre-vetted products and services that you can spend the subsidies on. No reimbursements needed!



### Profile

Click on the **Profile** icon to bring up your settings, profile, and transaction history, including past orders.



### Customer Support

On the lower right corner, our **Customer Support** Team is one click away to assist with anything you may need.

## Ways to spend

### Forma Store

Forma Store offers a list of curated and verified products. Simply log into your Forma account to browse 100+ products and services.

- + Enjoy up to 30% off of retail price.
- + No reimbursement claims are required!
- + Orders are fulfilled and serviced by Forma.

### Forma Virtual Card

Forma Virtual Card offers a convenient way to spend on purchases outside of the Forma Store. All benefits accounts are programmed into one card. Activate your card in the account with just a few clicks. You can also request a physical card.

- + Transactions automatically verified at POS
- + Available for use anywhere Visa is accepted
- + No reimbursement claims required

### Reimbursement Claims

Reimbursement Claims are available in the app for any out-of-pocket eligible expenses. Make sure to keep the receipt for verification!

- + A simple claims form is available in-app and on mobile.
- + Get approved in 1–2 days.
- + Approved funds are paid out periodically.

